

Privacy Policy for BMOTH

Last Updated: February 9, 2026

BMOTH ("we", "us", or "our") is committed to protecting your privacy. This Privacy Policy explains how we collect, use, and safeguard your information when you use our mobile application.

1. Information Collection and Use

Local-First Data Storage

BMOTH is designed with a local-first privacy approach. Most of your activity logs, focus sessions, and mood entries are stored locally on your device. We do not have access to your personal activity history.

Information You Provide

If you choose to sync your data or use Cloud features:

Authentication: We use Google Authentication and Supabase/Firebase to manage your account. We collect your email address and profile name to sync your progress across devices.
Profile Details: You may provide an Instagram handle or profile name for social sharing features.

2. Third-Party Services

Our app uses third-party services that may collect information used to identify you.

AdMob (Google)

We use Google AdMob to display advertisements. AdMob may collect and use data (such as your advertising ID) to show personalized or non-personalized ads. You can find their privacy policy here: [Google Privacy & Terms](#).

Firebase / Supabase

We use these services for backend infrastructure, authentication, and database syncing. They collect technical data necessary for service stability and security.

3. Data Safety

No Selling of Data: We never sell your personal activity logs or data to third parties.

Data Deletion: You can delete all your data permanently via the "Danger Zone" in the App Settings or by deleting your account.

4. Children's Privacy

Our App is not intended for children under the age of 13. We do not knowingly collect personal information from children under 13.

5. Contact Us

If you have any questions or suggestions about our Privacy Policy, do not hesitate to contact us

at: Email: **contact@bmoth.app**

Website: <https://www.bmoth.app/>